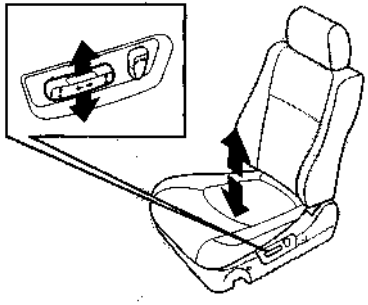
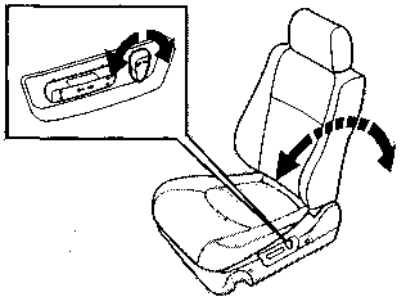
Seat Adjustments

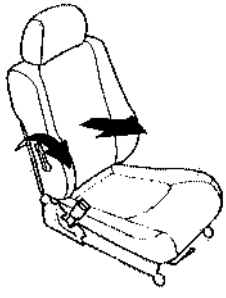


Pull the center of the horizontal switch up to raise the seat. Push it down to lower the seat.



Adjust the seat-back angle by pushing the rear switch in the direction you want to move.

Driver's Lumbar Support

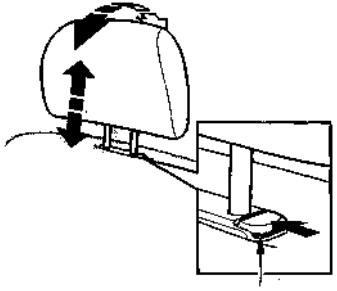


On EX and EX V-6 models

Vary the lumbar support by moving the lever on the right side of the seat-back. Pivot the lever forward until it stops, then let it return. Doing this several times adjusts the lumbar support through its full range.

Seat Adjustments

Head Restraints



RELEASE BUTTON

See *page 14 for important safety information and a warning about how to properly position the head restraints.*

The head restraints help protect you and your passengers from whiplash and other injuries. They are most effective when you adjust them so the back of the occupant's head rests against the center of the restraint. A taller person should adjust the restraint as high as possible.

The front head restraints adjust for height. You need both hands to adjust the restraint. Do not attempt to adjust it while driving. To raise it, pull upward. To lower the restraint, push the release button sideways and push the restraint down.

To remove a head restraint for cleaning or repair, pull it up as far as it will go. Push the release button and pull the restraint out of the seat-back.